

Cincinnati Sports Club
Rules and Regulations
Revised December 26, 2022

I. The Club rules are to ensure a comfortable and professional environment for everyone.

- A. All physical activity carries with it inherent risks to individuals of all ages. The fitness equipment and the facility in the Cincinnati Sports Club present hazards which, if not avoided, could cause serious injury or death. The Club cannot and does not guarantee that equipment, programs, supplies, services and facilities are germ/virus free. Prior to using equipment or the facility members will read all warning labels, instructions, signs, and placards in the facility. Members unsure as to how to use equipment or facility will seek the assistance of staff. Members must monitor their physical condition at all times and if needed will cease participation and seek prompt medical attention.
- B. Harassment of club members, guests and/or staff is strictly prohibited. Harassing behavior is conduct that unreasonably interferes with a person's use of the Club facilities and/or creates a hostile or offensive environment. Any member who witnesses inappropriate behavior at the Club should notify Club management immediately.
- C. State law prohibits anyone from bringing alcoholic beverages onto the Club property.
- D. The Cincinnati Sports Club facilities are smoke and vape free.
- E. Solicitation is not allowed on the Cincinnati Sports Club or Mall's property without the written permission of the Cincinnati Sports Club Manager. Solicitation includes, but is not limited to, posting or displaying any material, soliciting of goods or services whether for sale or not, and the soliciting or signing of any petition.
- F. No photographic equipment of any kind, including cell phone cameras, may be used in the facility or on the premises without the approval of the Marketing Manager.
- G. All instruction or services; personal, group or other will be administered by Club personnel only.
- H. There shall be no use of profane or abusive language throughout the Club facilities.
- I. For the safety of our members and staff, the Cincinnati Sports Club reserves the right to inspect lockers and bags at any time.
- J. No cash payments will be accepted at the Club, Tonics, or Café. No cash is kept on premises for the safety of our patrons and staff.
- K. Children under 12 years of age must be accompanied by a parent or guardian at all times, unless the child is participating in a CSC program or in the Children's Center.

- L. The Club employs video cameras and/or facial recognition technology throughout our facilities which record visitor activity and may capture personally identifiable information, including recognizable images of faces. We distribute, store, and use such information only: (1) to analyze, customize, improve, and provide our services and the manner in which individuals use our services; (2) to protect the safety of members, guests, employees, and others; (3) to investigate potentially wrongful activity, and to protect our rights, interests, or property; or (4) to respond to a government request, or if we believe disclosure is required by law. The Club will not disclose any biometric data or video to anyone other than its software vendor or by court order. Upon termination of your membership, biometric data will be permanently destroyed.

II. The Club

- A. Membership to the Club and the use of its facilities are subject to the rules and regulations adopted by the Club, as amended from time to time, including any and all rules, regulations and directions posted in the Club's facilities and grounds. These rules and regulations are incorporated by reference to the Agreements as set out in full. Managers of the Cincinnati Sports Club may require those in violation of these rules and regulations to leave the facility and premises.
- B. Use of cell phones shall not interfere with the enjoyment of the Club by others.
- C. The Member Advisory Board of Governors serves as a liaison between the Club Management and its members. Members are encouraged to use the Board by voicing their suggestions and concerns through the Advisory Board of Governors. The Board will serve only in an advisory capacity and has no duty or power to bind or to act on behalf of the Club or its members.
- D. The Club has a Medical Advisory Board whose purpose is to provide medical guidance to the management and staff of the Cincinnati Sports Club as it relates to fitness, nutrition, and other health and wellness protocols of the Club. The Medical Advisory Board serves only in an advisory capacity and has no duty or power to bind or to act on behalf of the Club or its members.
- E. Access to the Club is through contactless check-in. Members must bring their membership card or mobile app. If you have misplaced your card, a replacement can be made at no charge.
- F. Reservations are recommended for group exercise classes, courts, lap pool, recreational pool, and lap lane at adult only pool. No shows may result in loss of privileges or a fee.

- G. Single members may bring 1 guest per visit. Couple/family members may bring 2 guest per visit. Additional guest may be approved in advance by the Club Manager. The guest fee is \$15 daily for ages 3 and older. There would be no charge for guest ages 2 and younger. Same guest may visit the Club 12 times in a 12 month period. All guests must present a photo ID upon registration. Guests must sign a waiver of liability and register at the front desk prior to using the Club facilities. Any guest under the age of 18 must be accompanied by a parent/legal guardian and have a waiver of liability signed by the parent/legal guardian. Member must accompany guest during their visit. The Club reserves the right to limit guests throughout the year.
- H. A Manager-On-Duty is available to assist you if you have any concern or need special attention. To reach the Manager-On-Duty, please contact a staff member.
- I. Monthly statements, which detail the forthcoming months dues and the previous month's charges are available to all members electronically on or about the 16th of each month. Payment is due by the 1st of each month. Payments may be made by direct billing to a credit card or Electronic Funds Transfer (EFT) through a checking account. A late fee will be assessed on accounts not paid by the 10th of each month. Members who have past due balances not paid by the 30th of the month will be denied Club access.
- J. Payments made by Electronic Funds Transfer (EFT) will earn one free guest per month. Unused monthly free guest does not carry over from month to month.
- K. Members will not be paged while at the Club unless there is a medical emergency. We will be happy to take messages for you and leave them at Member Services.

III. Resignation of Membership: If you choose to resign your Club membership, you agree to submit resignation, in writing, via mail, email (memberrelations@cincinnati-sportsclub.com), or fax (513-527-5030) at least 30 days in advance on or before the 1st or 15th day of the month prior to the month you wish to resign. (For example, if you wish to resign any date from September 1st -14th, the Club must receive written resignation by the 1st of August. If you wish to resign on any date from September 15th -30th the Club must receive written resignation by the 15th of August). If you are unable to meet the deadline, you agree to accept the responsibilities of membership for the extra month. You further agree upon resignation from the Club to return all club membership cards and to bring my account balance to zero.

IV. Membership

- A. The Club may terminate your membership effective at any time for any lawful reason, including but not limited to violation of the Club Rules and Regulations, nonpayment, unacceptable credit, or any adverse action taken against the Club or its members. If the Club decides to terminate your membership, the Club will promptly refund all payments for unused services, less any amount owe to the Club. Initiation fees are not refundable.
- B. Members may suspend their membership for any reason. A completed suspend form will be required. The minimum length of a suspend is 6 months. You must submit a completed suspend form at least 30 days in advance on or before the 1st or 15th day of the month prior to the month you wish to suspend. If you are unable to meet the deadline, you agree to accept the responsibilities of membership for the extra month. Upon suspend from the Club you shall bring your account balance to zero. Other suspend options are available for military, medical and seasonal homes. Contact Club for details.
- C. Included in the monthly dues, each club member shall have the use of the Club amenities that shall include: Spinning classes, group exercise classes, Children's Center, locker rooms, squash and racquetball courts, indoor swimming pools, track, gyms, steam room, sauna, whirlpool, weight training equipment, and cardiovascular equipment. All-inclusive memberships will include the outdoor facilities. Certain amenities shall be available for an extra discretionary charge. These may include, but not be limited to, catering and private parties, class lessons for children or adults, Tonics Spa and Salon, league and clinic enrollment, tournaments, special events, permanent lockers, one-on-one training, group training, fitness programs, Pilates reformer training and group training.
- D. Charging privileges may be accessed through presenting your Club membership card or your mobile app.
- E. If you would like to change your membership type, simply stop by the front desk, visit website or call 513-527-4000 to be directed to the appropriate team member. Please note that memberships may not be upgraded and downgraded or suspended seasonally, i.e. you may seasonally change from couple to single all inclusive, but you may not change from single indoor only to single all inclusive.
- F. Failure to pay membership dues or additional charges may result in a suspension/deletion of a membership. A new initiation fee may be required to reinstate a membership

- G. To qualify for a couple membership, the two individuals must be legally Married, have joint ownership of their primary residence, be engaged or primary beneficiary in each other's will.
- H. Cincinnati Sports Club Grandparent Membership Opportunities- Members may upgrade to single with dependent/family level of membership and include 2 grandkids up to the age of 14 with the family monthly dues for a minimum of 4 months. Additional grandchildren may be added. See membership consultant for details.
- I. NANNY – a Nanny is a caregiver who lives with the member and works full time for the member. The cost of a Nanny to join an existing membership at the Club is \$35 per month and entitles that nanny to accompany the member's children to the Club and have independent use of the Club. The member must acknowledge in writing the addition and any change of Nanny on the account. Only one Nanny may be on an account at one time. Nannies are permitted only on Single with Dependent or Family Memberships. A \$30 processing fee will be charged for each change to a membership.
- J. BABYSITTER – a Babysitter is a caregiver who does not live with the member and works full-time or part-time for the member. The cost of adding a Babysitter to an existing membership account is \$20 per month. The Babysitter must accompany the children at all times and does not have independent Club privileges. The member must acknowledge in writing the addition and any change of Babysitter on the account. Babysitters are permitted only on Single with Dependent or Family Memberships. A \$30 processing fee will be charged for each change to a membership.

V. Miscellaneous

- A. Within 30 days after expiration of your membership or expiration for any reason of the service rendered by the Club you may request to receive all information and material of a personal or private nature that the Club acquires from you, including but not limited to answers to tests or questionnaires, photographs or background information. Said requested information shall be returned to you by regular mail within 30 days. In the event you do not request the said information it shall be destroyed consistent with the Club's record retention policy.

- B. If, by reason of death or disability, you are unable to receive benefits from the Club, the contract shall be proportionally divided by all of the days in which the Club was made available to you under this contract, and you shall be liable for payments only for that portion of the contract that can be attributed to the period prior to your actual death or disability, exclusive of any period of time in which the Club was made available to you free of charge as part of the contract offering. Within 30 days after receiving notice of death or disability, the Club shall return to you or your representative the amount paid in excess of the proportional amount.
- C. If the Club relocates 25 miles or more from your residence or closes its facility and a substantially similar facility that would accept the Club's obligation under the contract is not within 25 miles of your residence, the contract shall be proportionally divided by all of the days in which the Club was made available to you under this contract, and you shall be liable for payments for only that portion of the contract that can be attributed to the period prior to the Club's actual relocation or closing, exclusive of any period of time in which the Club was made available to you free of charge as part of the contract offering, and the Club shall return to you the amount paid in excess of the proportional amount.
- D. The Club reserves the right to administer fines to anyone in violation of a posted parking or moving violation. This also includes generally accepted safety rules of the road.
- E. First Floor Locker Rooms- no children of the opposite sex are permitted. Private Changing Rooms are available.

VI. Adult Only Outdoor Pool and Bar

WARNING: There is no lifeguard on duty.

- A. Must be at least 21.
- B. No outside food, drink, or coolers.
- C. Individuals shall leave pool and seek shelter during thunder or lightning and not return until the all clear is given.
- D. No diving or prolonged breath holding. No running or horseplay.
- E. Please bring personal towels to the pool. Club towels are provided for showers and workouts only.
- F. It is against Ohio Law to bring alcohol or glass into pool area. Alcoholic beverages must be purchased at the bar.
- G. No self-reserving of chairs.
- H. Pool deck will be cleared 30 minutes before the Club closes.
- I. All purchases at the adult bar will automatically be charged a small gratuity.
- J. Pool is a 25 yard pool. Open water swimmers: 70 laps=1mile; pool swimmers: 66 laps=1 mile.
- K. Center lane: lap swimming priority; side lanes: bathers priority.
- L. Do not use pool if you have diarrhea.

VII. Adult Only Outside Spa/Hot Tub

WARNING: There is no lifeguard on duty.

- A. Must be at least 21
- B. Do NOT use spa/hot tub while under the influence of alcohol, tranquilizers, or other drugs that cause drowsiness or lowers blood pressure.
- C. Do NOT use at water temperatures greater than 104.
- D. It is recommended not to use alone.
- E. Observe reasonable time limits (10-15 minutes). After exiting, cooldown before returning for another brief stay. Long exposure may result in nausea, dizziness, or fainting.
- F. Pregnant women, elderly persons, and persons suffering from heart disease, diabetes, or high/low blood pressure should NOT enter the spa/hot tub without prior medical consultation and permission from their doctor.
- G. Individuals shall leave spa and seek shelter during thunder or lightening and for 30 minutes after the last sight of lightening or noise of thunder.

VIII. Children's Center

Children will be provided physical activities while in the Children's Center. All physical activities present hazards which may lead to injury.

The Children's Center provides complimentary babysitting for Club children. Children who are not Club members may use the Children's Center for a nominal hourly fee.

- A. At the parent's request, matching wristbands will be used for security identification.
- B. Children's Center babysitting is available for children 8 weeks through 12 years of age. Our mission is to provide a safe, clean, and active environment for the children while their parents enjoy their workouts. All children must be completely dressed and all walking babies must wear shoes.
- C. Parents are required to remain in the building at all times while their children are in the children's center. We will page parents as needed for emergencies. If a child is upset or crying and cannot be comforted by the staff within a reasonable amount of time, the parent will be paged. Parents are able to leave building only if their child is participating in paid programming such as camp, kids night in, parents day out.
- D. Children may stay in the Children's Center for up to 2 hours per day. Late pick-up will result in a late fee.
- E. All children must be signed in by a parent unless pre-authorized to do otherwise with the staff.

- F. All bags and personal belongings must be marked and placed in a cubby before parents leave. Please leave all personal toys at home including all electronic devices.
- G. Children not potty trained must come with all diaper changing essentials.
- H. We request that parent's change children's diapers before using the childcare facility.
- I. Do not bring sick children into the Children's Center. Children displaying any of the following symptoms will not be admitted or asked to leave: cold with fever or severe runny nose, fever of 101 degrees or more in the past 24 hours, constant cough, first 24 hours of antibiotics, diarrhea, fussy and abnormal disposition, rashes, and chickenpox. The complete illness policy is available in the Children's Center.
- J. No snack or meal is allowed in childcare. A plastic bottle is the only exception for children under 18 months of age. Please have bottle prepared and heated.
- K. In case of evacuation, all children will be escorted as a group.

IX. Fitness Areas

A. Fitness Floor/Mezzanine/Functional Training Area

Must be 14 years of age or older or 12-13 and youth certified. Those between the ages of 12-13 must successfully complete the Fitness Certification Program with an exercise specialist. Children ages 9-13 must be accompanied by an adult and may use the Express Room on the Mezzanine during posted Family Fitness hours.

1. Athletic shoes and appropriate attire must be worn at all times.
2. Please carry a towel and wipe each piece of equipment after use. We strongly encourage you to schedule an appointment prior to using equipment regardless of your past experience. Each member is entitled to receive a complimentary fitness consultation and orientation as part of their membership.
3. All personal and group training may be conducted by Club staff only.
4. We encourage members to receive a new assessment every 6 months, or as frequently as needed.
5. Members who have been relatively inactive or have had a history of illness or physical concerns are strongly encouraged to seek medical advice before participating in a regular exercise program.
6. Please report to staff if you feel ill, faint or short of breath.
7. Please report to staff any broken or damaged equipment. Do not attempt to use any equipment out of service.

B. Weight Training Areas

Must be 14 years of age or older.

1. Ask permission to “work in” on equipment being used for another’s routine; when finished, return it to its original position.
2. All personal and group training may be conducted by Club staff only.
3. Use a spotter when training with heavy weights.
4. Return all weight plates, bars, dumbbells and equipment to their appropriate places.
5. Do not lean weight equipment against machines, walls or mirrors.
6. Avoid dropping weights. Return to start position slowly.
7. No yelling or cursing while lifting.
8. Please carry a towel and wipe each piece of equipment after use.
9. Please report to staff any broken or damaged equipment. Do not attempt to use any equipment out of service.
- 10.No cell phone use while on weight training equipment.
- 11.No more than 3 persons may use the same machine at the same time & use must be continuous.

C. Indoor Track

Must be 14 years of age or older, 12-13 and youth certified, or accompanied by a parent and be within arm’s length distance at all times. Those between the ages of 12-13 must successfully complete the Fitness Certification Program with an exercise specialist .

1. Walkers must use the inside lane and walk single file.
2. The outside lane is for passing.
3. No running spikes allowed.
4. Spitting is not permitted.
5. No food or drink allowed.
6. Please move in the direction posted.
7. No strollers, walkers, or wheelchairs are permitted due to the surface of the track.

D. Group Exercise Suites

1. Must be 14 years of age or older to participate in group fitness classes unless it is a staffed Youth program or permission is granted based on the instructor’s discretion..
2. Must be 12 or be accompanied by a parent/guardian who is 18 years of age or over when no class is in session. May use the following equipment only: stability balls and yoga mats. (No ball play is permitted).
3. When a class is not in session, equipment should be used for exercise; in the way it is intended.
4. Reservations are recommended for group exercise classes. No shows may result in loss of privileges.
5. Members may make reservations in person, by phone or by app and can be made up to fourteen days in advance.

E. The Outdoor Fitness Rig

Must be 14 years of age or older. WARNING: This area is unstaffed.

Exercise at your own risk. Never exercise alone.

1. No cursing or swearing.
2. Avoid dropping weights. Return all weight plates, bars, dumbbells and equipment to their racks. Please carry a towel and wipe each piece of equipment after use.
3. Ask permission to “work in” on equipment being used for another’s routine; when finished, return it to its original position.
4. Individuals shall leave RIG and seek shelter during thunder or lightning and not return until all clear is given.

X. Front Desk/Member Services

- A. Access to the Club is through contactless check-in. Must bring your membership card or mobile app. If you have misplaced your card, a replacement can be made at no charge.
- B. Please check the Lost and Found Cabinet located in the Member Service hallway (across from the lap pool) for any item you may have lost while in the Club. Based on advice from legal counsel, employees are not permitted to search the lost and found cabinet to determine that an item has been found. Employees are not able to “hold” found items. All items will be immediately transported to the lost and found cabinet. The Club is not responsible for loss, theft or damage of any personal property of any member or guest within the Club or surrounding Club premises. Articles not claimed will be donated to charity.
- C. Reservation cancellations are required at least 24 hours prior to the appointment to avoid being charged in full.
- D. Complimentary shower and workout towels are available at the Member Service desk in addition to guest locker keys (in exchange for a driver’s license or photo ID). Lockers are accessible with a current membership card. Complimentary toiletries also are provided for your convenience in the locker rooms. Towels are available for indoor use only.
- E. Members losing or misplacing a locker key will be charged \$50-\$75 for replacing the lock depending on cost of lock. You must have possession of your key at all times.

XI. Indoor Lap Pool

WARNING: No Lifeguard on Duty

- A. This pool and its temperature are designed for lap swimming.
- B. Lap walking is permitted in the far lap lane. Only two lap walkers at a time are permitted in the lap pool and must share the far lap lane. Lap walking rules are subject to change and are based on pool usage and seasonality. If rule is amended it will be posted in lap pool area.
- C. Recreational play is not permitted.
- D. Children under 14 years of age must be accompanied by a parent/legal guardian and must be able to swim laps.
- E. Lap swimmers have access to all lanes at all times, EXCEPT during Master Swim Time.
- F. Lap swimmers should avoid swimming alone.
- G. Must share a lane if asked. Maximum 2 per lane.
- H. Glass is prohibited in the pool area. No running or horseplay.
- I. Do not use pool if you have diarrhea.
- J. No diving or prolonged breath holding.
- K. Reservations are recommended for lap lane pool. Reservation times are 30 minutes. Members may make appointments in person, by phone or by app and can be made up to fourteen days in advance. No shows may result in loss of privileges.
- L. Pool will close 30 minutes before the Club closes.

XII. Indoor Warm Water Pool

WARNING: No Lifeguard on Duty.

- A. Children under 14 years of age must be accompanied by a parent/legal guardian unless participating in a Club program.
- B. All water classes including water aerobics, group swim lessons and private swim lessons are held in this pool. Recreational activities may be limited or prohibited during scheduled class times. Consult warm water pool schedule.
- C. Children must be potty trained or wear a swim diaper.
- D. No running or horseplay. No diving or prolonged breath holding.
- E. Do not use pool if you have diarrhea.
- F. Non-swimmers must wear life jackets.
- G. Glass is prohibited in the pool area.
- H. Diapers must be changed in a bathroom or on the changing station on the pool deck.
- I. Reservations are recommended for lap lane. No shows may result in loss of privileges.
- J. Pool will close 30 minutes before the Club closes.

XIII. Indoor Whirlpool/Hot Tub

WARNING-No Lifeguard on Duty.

- A. Pregnant women, elderly people or someone suffering from heart disease, diabetes, or blood pressure issues should not enter the whirlpool/hot tub without prior medical consultation and permission from a personal physician.
- B. Do not use the whirlpool/hot tub while under the influence of alcohol, tranquilizers or other drugs that cause drowsiness or that raise or lower blood pressure.
- C. The whirlpool will have a maximum temperature of 104 degrees.
- D. Observe reasonable time limits (10-15 minutes).
- E. No one under 11 years old is permitted. Children 11- 13 years old must be accompanied by a parent/guardian 18 years of age or older.

XIV. Outdoor Baby Pool

WARNING: There is no lifeguard on duty. Parents/guardian must watch children.

- A. Children must be accompanied by a parent/legal guardian.
- B. Children must be potty trained or wear a swim diaper.
- C. Do not use baby pool if you or your child have diarrhea.
- D. Diapers must be changed in a bathroom or on diaper changing station. Do not change on furniture or pool deck.
- E. No children over age 4 permitted in baby pool area.
- F. Individuals shall leave pool and seek shelter during thunder or lightning and for 30 minutes and not return until the all clear is given.

XV. Mind/Body Center

- A. Must be supervised by a Club instructor in a fee based activity to utilize the Pilates equipment (Reformer's, Cadillac's, etc.).
- B. All personal and group training may be conducted by Club staff only.

XVI. Main Gym

- A. Proper footwear is required. No black soled shoes. Only non-marking athletic shoes are permitted.
- B. No food or drink on court.
- C. No hanging on rims.
- D. Do not kick, hit or throw balls or objects against walls or ceiling.
- E. Children under 12 must be accompanied by a parent/guardian during open gym times.

XVII. Outdoor Main Pool

Follow the directives of lifeguards as they relate to safety, inclement weather, and pool etiquette as they have complete authority at the outdoor pool and pool deck.

- A. Individuals shall leave pool and seek shelter during thunder or lightening and not return until the all clear is given.
- B. Children under 12 years of age must be accompanied by a parent or legal guardian unless participating in a Club program.
- C. No one under 21 is permitted in the adult only areas of the pool deck.
- D. Children must be potty trained or wear a swim diaper.
- E. It is against Ohio Law to bring alcohol or glass into pool area. Alcoholic beverages must be purchased at the Café.
- F. Access to the pool is through hands free check-in. Members must bring your membership card or mobile app. If you have misplaced your card, a replacement can be made at no charge.
- G. All coolers and bags will be checked
- H. Do not use pool if you have diarrhea.
- I. Change diapers on diaper changing stations and not on pool furniture.
- J. Floatation devices are allowed at the absolute discretion of the lifeguards and depends on bather load, visibility etc.
- K. Floatation devices are not permitted in the diving well.
- L. Children wearing flotation devices must be within arms length of parent or guardian.
- M. No diving or prolonged breath holding. No running or horseplay.
- N. Please bring personal towel to the pool. Club towels are provided for showers and workout only.

XVIII. Outdoor Splash Pad

WARNING: There is no lifeguard on duty. Parents or guardian must watch children.

- A. Children under 12 must be accompanied by an adult. The Splash Pad is not staffed.
- B. Children must be potty trained or wear a swim diaper.
- C. No food or drink on Splash Pad.
- D. Glass articles of any kind are prohibited in the pool area.
- E. No running or horseplay.

XIX. PGA Golf Simulator

Must be 14 to use the golf center unless taking lessons with a staff member, in a league or accompanied by a parent or if 12-13 years of age and successfully completed the certification program.

- A. Hitting bays are available free with reservation. Maximum time allowed for reservation is ½ hour.
- B. Please be courteous and return golf balls and golf clubs to their place when complete. Please turn off projector after use.
- C. Only 2 people are permitted in the golf center at a time.
- D. Reservations are available in 30 or 60 minute increments. No shows may result in loss of privileges

XX. Platform Tennis, Tennis Courts, Pickleball Courts, and Hut
Children under 12 years of age must be accompanied by a parent or legal guardian unless participating in a Club program.

- A. The courts and hut close 30 minutes before the Club's closing time.
- B. Individuals shall leave courts and seek shelter during thunder or lightning and for 30 minutes and not return until the all clear is given.
- C. Please be courteous and leave the courts and the warming hut as you found them.
- D. Please shut off the lights and fireplace when you are finished.
- E. Heaters are to be used only to melt frost or light snow off of the platform court surface.
- F. It is against Ohio Law to bring any alcoholic beverages onto the Club's 16-acre campus. Any alcohol must be purchased through the Club or Market Café.
- G. All players must be an all-inclusive member, or the paying guest of an all-inclusive member. Please register in the Club lobby.
- H. Court reservations can be made in person, by phone, or online up to fourteen days in advance. No shows may result in loss of privileges.
- I. The maximum time allowed for court play is 90 minutes, per day, per member. If more time is desired, the Platform Tennis, Pickleball, and Tennis facilities are available for rental.
- J. Paddles, Racquets, and balls are available to borrow or purchase in our pro shop at Member Services.
- K. The tennis hut will remain locked unless courts are scheduled for use.
- L. Court lights will remain off between the hours of 9am and 4pm.

XXI. Squash and Racquet Courts

- A. Court reservations can be made in person, by phone, or online up to fourteen days in advance. The maximum time allowed for court play is 60 minutes per day per member. No shows may result in loss of privileges.
- B. No food or drink on court.
- C. Court reservations are forfeited if players are more than 10 minutes late. Unreserved or forfeited courts are available on a walk in basis after first notifying the Member Services desk. The Club reserves the right to schedule courts for tournaments, parties, promotional programs, leagues, lessons, clinics, and special events.
- D. Dark soled shoes are not permitted on the racquet courts. This includes "unmarking" black soled shoes. For your convenience, you may borrow or purchase appropriate footwear at Member Services.
- E. Lensed eye guards are required for squash, racquetball and handball play for those under 18 years of age and are recommended for all players. Eye guards are available at Member Services. Equipment, including racquets and balls, are available at the Member Service desk.
- F. Only squash, racquet, pressureless tennis balls, and wallyballs may be used on the indoor courts.
- G. Children under 12 must be accompanied by a parent/guardian while on squash/racquet courts.

XXII. Steam Room/Sauna

- A. No one under 18 years of age is permitted to use the steam room/sauna.
- B. Consult your physician before using steam room/sauna if you have any form of heart disease, respiratory illnesses, blood pressure issues, take any medication, are pregnant, or have had recent hospitalization or surgery.
- C. Shaving is not permitted.
- D. Members are required to sit on towels or wear shorts.
- E. Do not pour water on the rocks in the dry sauna.

XXIII. Tonics Spa and Salon

- A. Service Appointments: Cancellations are required at least 24 hours prior to the appointment to avoid being charged in full. This policy is in place out of respect for our therapists/cosmetologists and our clients. Cancellations with less than 24 hour notice are difficult to fill and it prevents someone else from being able to schedule into that time slot.
- B. Massage: Anyone under the age of 18 must be accompanied by a parent.

XIV. Multipurpose court

- A. Schedule changes at least monthly. The schedule can be found at the court or on the Club's website.
- B. Children under 12 must be accompanied by a parent/guardian during open times.
- C. Reservations are available in 60 minute increments during open pickleball/badminton play. No shows may result in loss of privileges.
- D. No hanging on rims.
- E. Must be with a member or register as a guest at the front desk. Guest fee will apply.
- F. Court reservations are forfeited if players are more than 10 minutes late.



Cincinnati Sports Club

With  TriHealth |  BEACON

Two Convenient Entrances

3950 Red Bank Rd &
5535 Murray Ave.
Cincinnati, OH 45227

Phone 513.527.4000
Fax 513.527.5030

CincinnatiSportsClub.com